1. With regard to driving times and driver breaks:
a) for a maximum driving time of nine hours per day, the driver is required by law to comply with the following:


4 hours 30 minutes of driving
45 min
4 hours 30 minutes of driving
or

b) for a maximum driving time of ten hours per day (situation only permitted twice a week):


1 h of
driving
2. For the driver's daily rest period, the 24 hours of the day should be divided as follows:

or


Note: these diagrams do not reflect the full rest and driving rules provided for in Regulation (EC) No. 561/2006.

